

**Thursday Night Series 2009  
Sabine Lake  
PAYC  
SAILING INSTRUCTIONS**

**1 RULES**

- 1.1 The regatta series will be governed by the rules as defined in the current Racing Rules of Sailing.  
1.2 The PAYC Sailing Instructions will apply unless these sailing instructions are in contradiction.

**2 ENTRIES**

- 2.1 Competitors are to sign in at the clubhouse before 1800hrs.  
2.2 Competitors are to check in with the PRO on the water if the Committee boat is on the starting line by passing astern of the Committee boat on starboard tack and state the class in which they are racing.  
2.3 It takes two boats racing in a class to constitute a start for that class.

**3 NOTICES TO COMPETITORS**

- 3.1 Notices to competitors will be posted on the official notice board located on the door of the Race Officers office.  
3.2 Competitors should monitor channel 68 on a VHF marine radio for instructions on the water or channel 71 when 68 is busy.

**4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed from the flagpole located north of the clubhouse.  
4.2 There will be a postponement or abandonment at the race officer's discretion for winds below 3 knots or for storms, lightning or excessive wind.  
4.3 If there are notices posted in the clubhouse, the Lima flag will be flown.

**5 SCHEDULE**

- 5.1 A Skippers' Meeting will be held at 1800 hrs. Competitors are expected to sign in, know and understand these sailing instructions along with all of the governing documents associated with these sailing instructions.  
5.2 Start time will be discussed at Skippers meeting.

**6 CLASS FLAGS**

Racing Class Red Flag  
Cruising Class Yellow Flag  
Multi Hull Class Blue Flag

- 6.1 There may be one start for all classes determined at the Skippers' Meeting in which all classes will start on the first and only starting sequence.

**7 RACING AREA**

Sabine Lake

**8 COURSES and MARKS**

- 8.1 Will be discussed at Skippers meeting

**9 STARTING AND FINISHING LINE**

- 9.1 The starting and finishing line will be between a red pin at the port end and the orange flag on the starboard end on the committee boat or will be described at Skippers meeting  
9.2 The start/finish line will be an obstruction when flying orange line flag on the committee boat.  
9.3 Competitors who are not racing and have finished are asked to clear the course area so as to not interfere with competitors who are racing.

**9.4 STARTING SEQUENCE**

MANY HORNS: ATTENTION; RACE SEQUENCE IS ABOUT TO BEGIN

1 SHORT SOUND: CLASS FLAG UP; 5 MINUTES BEFORE RACE STARTS

1 SHORT SOUND: PREPARATORY FLAG UP; 4 MINUTES BEFORE RACE STARTS

1 LONG SOUND: PREPARATORY FLAG DOWN; 1 MINUTE BEFORE RACE STARTS

1 SHORT SOUND: CLASS FLAG DOWN; START OF THE RACE

This modifies RRS 26 Starting Races

9.5 Start time of the race may also be discussed at skippers meeting when fleets are keeping their own times in absence of a race committee.

9.6 A boat that has not started after 5 minutes of its class start time must retire and be scored a DNS.

### **10 TIME LIMITS**

10.1 The time limit for each race will be 2hrs for the first boat to finish or may be abandoned by the PRO.

10.2 The time limit for finishing the race after first finisher in each class will be 30 minutes or may be finished in place by PRO.

10.3 Boats not finishing according to 10.2 will be scored a DNF.

10.4 When skippers have been instructed to keep and record their own time for a particular race, each skipper must notify the Race Committee of his/her finish time or elapsed time as applicable within twenty (20) minutes of finishing, unless otherwise stated in the Sailing Instructions for a particular race. A Skipper not turning in a time will be scored a DNF.

### **11 PROTESTS**

11.1 A boat that has a protest may fly a red flag and be acknowledged by the PRO on the water that he or she has a protest before leaving the race course.

11.2 Protests shall be delivered to the race office within 30 minutes after the race committee boat docks.

11.3 The start of the protest time limit and a list of protests received will be posted on the notice board.

11.4 Hearings will be held as soon as possible after racing each Thursday in the clubhouse.

### **12 HANDICAPPING AND SCORING**

Handicapping will be assigned by the Race Advisory Board and will be PHRF for racing and cruising

classes with Portsmouth Handicapping for Multi Hulls.

12.1 The PHRF classes will be scored by Time on Time for odd years (i.e. 2009) and Time on Distance for even years when the distance is confirmed.

12.2 Scoring will be the Low Point Scoring System for all classes.

12.3 Each month will be scored as a series, verified by another scorer and posted on the internet.

12.4 The total of each month series will be used to score the year ending totals excluding the Just For Fun Series.

### **13 TROPHIES**

Ribbons may be awarded at the end of each race. Overall trophies will be awarded at the end of the season according to PAYC policies.

AppLS rev 11/10/06